

## **Insurance Information and Authorization Form**

Many health insurance companies cover a portion of the cost of therapy sessions and psychological testing. However, as insurance benefits have become increasingly complex, it is often difficult to determine exactly what mental health benefits are available. Some plans also require authorization before they will allow reimbursement. Thus, it is very important that you find out from your insurance company what services are covered and if preauthorization is required. We will assist you in the proper billing of your insurance company. The billing manager will attempt to check your insurance coverage, but we are not always given accurate information. *In all cases, you are responsible that your account is paid in full.* 

Your contract with your health insurance company may state that your mental health coverage is limited to "medically necessary" services. Each insurance company has its own definition of medical necessity. If your condition does not meet their definition, your services might not be covered. Your insurance company also may require a specific type of therapy or specific therapy goals. You and I will discuss the nature of your problems and try to set specific goals for treatment that falls within your insurance company's guidelines.

**Note:** Insurance normally does not cover fees for late cancellations, no shows or telephone consultations.

**Primary Insurance Company** 

Generally, identifying information, dates of service, type of service and diagnosis is required for insurance coverage. Some plans also require background information about you, more detail about your problems and diagnoses, and our treatment plan. Rarely, they may require that I send them your entire clinical record. Your insurance company will decide, based upon the information sent them, whether they will cover my services. If they approve further sessions, they might assign a specific number of sessions and require us to work on your problem as intensely as possible with the focus of eliminating acute symptoms. I will work with you to accomplish the identified goals in a cost-effective manner.

ID#

Sometimes people are uncomfortable sharing personal information with their insurance company. Should you prefer that your insurance company not be billed, I will respect that.

| Employer/Group Name_                       |   |  |  |  | Group #  |  |
|--|---|--|--|--|--|--|
| Subscriber is:                             | Self  | Spouse   | Parent   | Subscriber Name  |  |  |
| Date of Birth                              |   |  |  | Phone #  |  |  |
| Address                                    |   |  |  | City   | State  |  |
| Secondary Insurance Company                |   |  |  |  | ID #   |  |
| Employer/Group Name                        |   |  |  |  | Group #  |  |
| Subscriber is:                             | Self  | Spouse   | Parent   | Subscriber Name  |  |  |
| Date of Birth                              |   |  |  | Phone #  |  |  |
| Address                                    |   |  |  | City   | State  |  |
| authorize my information to that you agree | office, in<br>your in<br>to be re<br>full withi | cluding the surance con sponsible for no days wi | billing manaq<br>npany, and al<br>r paying your<br>Il be sent to a | ger, to bill your insurance for so<br>low your insurance to reimburg<br>account in full. You signature | your insurance coverage. Your signature will ervices rendered, to disclose requested se me for those services. Your signature indicate also indicates your awareness that your account, ment plan has been agreed upon between the |  |
| Signature                                  |   |  | 500 W 6 <sup>tl</sup>  | Ave Suite 202 Spokane WA   | Date 2730  |  |

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